



DEPARTMENT OF PRIMARY HEALTH CARE

FACULTY OF HEALTH - CARE SCIENCES

EASTERN UNIVERSITY, SRI LANKA

Department of Primary Health Care, FHCS/EUSL

Field based Project Analysis :

Second Batch(2006/ 2007) - No of Students : 37

Introduction

The Department of Primary Health Care (PHC), at its inception, planned to have field based projects based on the curriculum (PH 14). This module was initially adopted for this purpose. The components in the field based projects were identified as Community Activity (CA), Family Attachment (FA), Community Clerkship (CC) as well as research.

Community Activity (CA)

This project was carried out in a selected area, as a trial with the guidance of Dr.K.Arulanandem, Coordinator of PHC. The 2nd batch of students who were with much enthusiasm and commitment carried out this project successfully in **Paddippalai Divisional Secretary division in Manmunai Pattu DS division at BT/Kirankulam Vinayagar Maha Vidyalayam on 17th of November 2011.**

The students were divided into four groups and asked to do the program on different aspects of health problems in the community.

Population group	Selected Topic
Students of Grade 1-5	Hygienic Measures
Students of Grade 6 – 11	CD and Accidents
Students of Grade 12 - 13	STD Prevention
Teachers and other staffs	NCD Prevention

*Each member in a student group was instructed to perform on selected health problem in the population.

Results

The students performed the activities successfully on individual basis in their groups. The description of the project has been tabulated below.

It was reported under the subheading of introduction and rationale, objectives, approaches, achievements and setbacks. The students had documented their prepared leaflets, photographs for evidence.



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Group 01 - Health promotion program on prevention of STDs

Group Members	Covered Topics	Outcomes
V.Yamini K.Herissanath J.Prashanthan V.Jeyatharani S.Prashanth R.Supanya K.Prarthana K.M.Rubharajan S.Uthayakumar T.Ariharan	STD Prevention among A/L Students.	<ul style="list-style-type: none"> - Learned planning, implementing and organize an event. - Developed relationship& responsibility with public health staff. - Provided knowledge STDs and family planning. - Transaction, Preventive and control about STD

Group 02 - Health awareness and Distribution of health related goods.

Group Members	Covered Topics	Outcomes
L.Anojan K.Jeyavani (Banners) A.Shasangan B.Thanusha M.Aruna R.Manmathan A.Darushanth T.Inthujah	Prevention of CD and accidents.(6-11 students) - Snake bite Gastro intestinal infection -Safe Water Drinking -Personal hygiene Dog bites - Road traffic accidents Home accidents	<ul style="list-style-type: none"> - Gain Knowledge on evaluation of program. - Learned planning, implementing and organize an event. - Developed relationship& responsibility with public health staff. - Problem solving skill. - Gave knowledge on first aid of snake bite, Safe drinking - Preventing fire safety Electrical safety Heating and cooking Safety glass Safety in medicines and chemicals - Gave knowledge on First aid



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Group 03 - Health awareness and Distribution of health related goods.

Group Members	Covered Topics	Outcomes
Y.Rishanath B.R.Francis N.Paheerathan M.Saranya S.Pararupan S.Sujetha T.Pavithra U.Ushavarthani S.Syantharubika	NCD DM HT Cancer – oral, lung, colonic – prevalence, factors, preventive methods (Target group - Teachers)	-Gain Knowledge on evaluation of program. - Learned planning, implementing and organize an event. - Developed relationship& responsibility with public health staff. - Gave awareness on NCD - screened HT,BMI gave advice on lifestyle modification

Group 04 - Health Education on Hygienic Measures.

Group Members	Covered Topics	Outcomes
T.Janani G.Mathivannan S.Abithra Y.Kalaivathanan S.Harikrishanth B.Vinothakumar G.C.Thayalaraj V.Pratheeka T.Mathan V.Theleeban	Hand washing Oral hygiene Worm infestation and general hygiene water and food hygiene (Target group Under grade 5 students)	-Gain Knowledge on evaluation of program. -Gave knowledge on proper hand washing technique. Problem solving. -Gave proper knowledge on Oral hygiene.



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Conclusion:

This program has created much awareness among School population, while the program led to develop skills among students in imparting valuable health related messages in a community setting. The department is in the position to appreciate the team.

The students have clearly achieved the student learning objectives of the field based project module while fulfilling the following:

1. Exhibited leadership skills and team spirit to function as a doctor in community settings.
2. Developed and maintained personal characteristics and attitude for a career as a health professional.
3. Learned to plan and implement intervention to improve health awareness, health related behavior and control of communicable and non-communicable diseases.
4. Demonstrated communication skills in interacting with people in relation to health and disease.

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Temporary Demonstrators

Department of Primary Health Care

2018.07.25